



STATEMENT OF RISK

Bramston Canoe Club (The Club) places safety as a top priority. Canoeing and kayaking are adventurous assumed risk activities and can expose participants to risks and hazards that may result in injury or even death. If you are not prepared to accept full personal responsibility for any injury sustained while taking part in any activity offered by Bramston Canoe Club then you should not participate.

Bramston Canoe Club endeavours to manage and minimise these risks to keep them as low as possible but advises that they cannot be eliminated entirely. The chances of serious injury are generally low but the chance of minor injuries (bruises, bumps, cuts and less likely, minor fractures) are a more common result of taking part in adventurous activities.

Bramston Canoe Club will minimise the actual dangers by:

- Carrying out risk assessments for its canoeing and kayaking activities.
- Only using experienced/qualified coaches and instructors with the appropriate oversight and checks for canoeing and kayaking activities.
- Giving clear safety instructions to everyone participating.
- Ensuring all equipment is well maintained and suitable for the activity, the environment and the participant.
- Ensuring that canoeing and kayaking activities are within the capabilities of the participants.
- Asking participants to supply information on any medical conditions they may have.
- Ensuring good hygiene standards are kept.
- Requiring participants to co-operate with Bramston Canoe Club by following the instructions of the club's coaches & leaders and complying with The Club's policies & code of conduct.