



CODE OF CONDUCT

It is the policy of Bramston Canoe Club that all paddlers, volunteers and coaches show respect and understanding for each other and conduct themselves in a way that reflects the principles of the club. The aim is for all paddlers to learn, improve performance and have fun. Everyone involved in the club should abide by the club rules and policies and show a duty of care to all members of the club.

Club representatives will conduct themselves at all times in a way that presents and earns respect and will act in a fair, consistent and transparent manner.

- Take care of all property belonging to the club or other club members.
- Treat other club members with respect at all times — on and off the water — treat other paddlers as you would want to be treated yourself.
- Support your coaches, leaders, club officials and fellow club members. Without them, there would be no club.
- Control tempers and avoid behaviour which may affect or upset others.
- Co-operate with, listen to and respect the decisions of club coaches, leaders, officials and volunteers.
- Do not put other water users at risk
- Always assess the weather and water conditions – if unsure, take advice or don't go out.
- Wear suitable kit for paddling, if in doubt ask a coach/leader for advice.
- Be aware of river health hazards and contact your GP immediately if you feel unwell.
- Pay your subscriptions/trip fees promptly.
- Always take time to thank all those who help you take part in your chosen discipline.
- **Coaches:** Consider the wellbeing and safety of paddlers before the development of performance.
- **Coaches:** Inexperienced members must be supervised by an experienced senior member.

- **Coaches:** Develop an appropriate working relationship with paddlers, based on mutual trust and respect.
- **Coaches:** Make sure all activities are appropriate to the age, ability and experience of those taking part.
- **Coaches:** Display consistently high standards of behaviour and appearance.
- **Coaches:** Follow British Canoeing and club guidelines and policies.
- **Coaches:** Hold the appropriate, up-dated qualifications and insurance.
- **Coaches:** Encourage paddlers to value their performance and not just results.
- **Coaches:** Never condone the use of prohibited substances.

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