



HEALTH & SAFETY POLICY

'Bramston Canoe Club is committed to promoting all aspects of Paddlesport whilst ensuring that we conduct these activities in a safe manor. The health, well-being and safety of each participant is always our paramount concern. We recommend levels of training dependent on age and ability and expect our members to participate within these boundaries. Whilst our British Canoeing affiliation provides us with insurance cover, the below statement reinforces our commitment to members safety.'

To support our Health and Safety policy statement we are committed to the following duties:

- A recorded risk assessment of the club activities is undertaken and updated every year by the club these can be viewed on our web page.
- Measures recommended in the risk assessment will be put in place and reviewed at committee and coaching meetings to ensure they meet the needs of club members.
- We will ensure that all members are given the appropriate level of training by regularly assessing individual ability dependant on age, maturity and development. Dynamic risk assessments will be undertaken by coaches/leaders on every event/trip.
- Ensure that all members are aware of, understand and follow the club's health and safety policy

- We will appoint a competent member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by and are accessible to all members. Safety briefs for events/activities are issued before the trip or verbally given by coaches/leaders before the activity commences.
- First aid kits are carried by coaches. All coaches are qualified first aiders.
- Provide access to adequate first aid facilities, telephone and qualified first aider(s) at all times.
- Make sure all members are aware of the need to report any injuries or accidents sustained during any club activity.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.
- The club equipment officer will conduct a safety audit on all club equipment every year.
- Coaches will be listed on the web page and identified by coach t shirts at pool sessions.

As a club member you have a responsibility to:

- Take reasonable care for your own health and safety, and that of others, who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- Correctly use all equipment provided by the club.
- Not interfere with or misuse club equipment or anything provided for your health, safety or welfare.
- All members taking part in paddle sports must be aware that there are inherent risks involved in paddlesports and have read the club's 'Statement Of Risk' document.

Club Health and Safety Officer: Michael Dalby (chair@bramstoncanoecub.org)

Locations of facilities:

- Green first aid kit is located on the back of the BCC storage cupboard door at the pool.
- Telephones are located at the main reception of the pool.
- Mobile phones can also be used to call emergency services regardless of phone service or credit.
- Qualified first aiders:

Kevin Reed Cheryl-Ann Kotze Jill Pearce Barry Iszard Andie Baldwin Andy Evans Mike Dalby
Mark Boddington Simon Hurley Ian White Elizabeth Cannon Anna Jarvis John Hefford Steffi
Torhauer-White

Reviewed: 28/09/2022